

How Your Piercing Heals and Looks is Up To You!

Congratulations, you just received a body piercing by a trained professional who cleaned the area to be pierced, used sterile needles and piercing instruments, and the finest implant grade jewelry. Now it is UP TO YOU to take appropriate care of your piercing during the critical healing period.

- Always wash your hands before you touch your body piercing and resist the urge to play with your new piercing.
- During the initial healing time, do not use hot tubs, swim in the ocean, lakes, rivers, pools, or soak in a tub.
- **DO NOT USE:** Antibacterial soap, Hibiclens, Antibiotic Ointments, Rubbing Alcohol, Hydrogen Peroxide, Bactine, or Ear Care Solutions (NO CHEMICALS).
- It is important that you clean your piercing every day in the following manner:
Rinse your piercing thoroughly with clean, warm water for a minute or two at the end of your shower. Do not rotate or move your jewelry.
Following your fresh water rinse, use **saline wound wash** for a final rinse. Pat dry with sterile gauze if needed.
- If your piercing gets dirty during the day (exercise/work), or becomes crusty from healing, a good thorough rinsing with some saline will be more than enough.

If you have any questions, please call or stop in:

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